

*A winter solstice journey of discovery*  
*into the sacred feminine and the magickal child*

## **Waiheke Island**

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### **Day 1 - Monday - Full Moon of June 17**

In the ancient Goddess traditions the Full Moon of June is always dedicated to the Goddess Epona. Known as the dream Goddess, she is depicted with keys known to open the gateways to the realms of mystery in the otherworld. She is known to shape shift into a white mare and summons the shaman to travel deeper into their own knowing. The places one can access with the assistance of Epona can reveal ones greatest fears as well as hidden talents and gifts. She is mysterious and alluring as she represents the qualities of the divine feminine. The full moon has long had an aura of mystery and magick about it. It is tied to the ebbs and flows of the tide, as well as the every-changing cycle of women's' bodies. This is a night we call upon the Wild Woman, an aspect of the divine feminine who lives within each of us but is often forgotten. The raw and passionate one who wishes to taste all that life has to offer. By activating the wild woman who lives within you, one can bring more love, beauty and sensual magick your way. (Working with the Fire element)



Very powerful energies are available to experience the magick of this night within the embrace of Grandmother and Grandfather Pohutakawa Tree for sacred ritual. A perfect time to begin the retreat as it will culminate on the Winter Solstice.



### **Day 2 - June 18 - Planting the Seeds for change**

Working with the ancient Goddess teachings, the **MAIDEN** is summoned, known as the innocent one, the vulnerable one, dedicated to the rediscovery and remembrance of our divine power. Through learning to awaken this aspect of ones expression, you tap into the creative potential that exists within the void. Joy is returned, play is expressed and the seed of hope is planted. Together we journey to the magickal cascades where the faery folk are present. We begin to explore your vulnerable self, time travel to your maiden to heal, integrate and love what is ready in this part of your journey.



### **Day 3 - June 19 - The Gestation of the Seed**

Going deeper into the aspect of the Goddess as we work with the **DIVINE MOTHER**. The Mother represents ripeness, fertility, fulfillment, stability, and power. The image of the Mother as an eternal giver of life was one of the first religious images that can be found. Before patriarchal gods appeared, the Goddess was revered in her aspect as the Creatrix. A mother goddess is a goddess who is a personification of nature, motherhood, fertility, creation, and destruction. When equated with the Earth or the natural world, these goddesses are often referred to as Mother Earth. The egg in ancient times was a symbol of the mother goddess and of birth: the sun emerged from the cosmic egg. While our collective humanity has lost sight of the ways of the green world, those who follow the earth religion hunger to touch and be touched by the powers and splendor of nature. In this exchange, we awaken to the living world. We will work with reparenting yourself and activating your own nurturing mother that is supported by the great mother.



**Day 4 - June 20 - Today is a day of creative expression of the self. The magickal child inside is stirring and you are asked the following:**

- ***What is unfinished in your life and why?***
- ***What magnificence would you achieve in your life if you decided to become totally and blissfully impervious to hostile criticism and rejection?***
- ***What great thing would you attempt if you knew you wouldn't fail?***

Every situation you have encountered, every challenge you have faced was meant to bring you to the now. And now is the right time for you to accept your magnificence. As human beings we are meant to obtain mastery over turbulent events in our life. 2019 is a year when we have repackaged and reinvented ourselves and are ready and prepared to step into the world with a new perspective allowing our gifts and talents to shine.



**Day 5 June 21 The Winter Solstice Rebirthing into the Full Expression of our Divine Male and Female essence as the Magickal Child**

The **WISE WOMAN** is a symbol of inherent wisdom that comes from experience. She has lived through love, sorrow, hope, death and fear, to gain a wise and confident spirit. Through these experiences she has learned the secrets of life and death, the mysteries beyond this world. These Wise Woman were the healers, working in tune with Nature to cure ailments and imbalances. She is the elder priestess of the Goddess; the Grandmother whose words are few yet priceless in their wisdom. The wisdom of the Wise Woman comes only after learning the lessons of non-judgment and compassion. Through these lessons the Wise Woman becomes the balancing scales between light and dark and between life and death. She is selfless, yet she loves herself. She is kind, yet she knows when to be harsh. She is free, she is compassionate, and she is wise. Only the Wise Woman can complete the journey to the Otherworld and birth of the Magickal Child. . She is the mysterious old woman who possesses the knowledge of all worlds, the receptive and sensitive part of us, which we need for personal wholeness. Celebrated in the sacred stones of Stoney Batter the most ancient beings connected to the Wise Woman. We will play and encounter the wise women within to now be your guide forward, and help you design your life from this place so you can fully flourish in the world. We will also teach you practices and rituals for your life to continue this journey forward.